



Business Mastery Hub

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Human Design Energy Centers in Business - Worksheet



Worksheet made by Jazze Jervis
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About This Worksheet




Hi, I'm Jazze Jervis, a 5/1 Manifesting Generator business strategist who's been business coaching for over 8 years.

I specialize in helping service providers create businesses that 'love them back' by aligning their strategies with Human Design and Astrology.

This worksheet helps you spot patterns in your undefined centers and re-align your business decisions with your true design. Use the reflection prompts to notice where conditioning shows up and shift into conscious choice.

Visit my website at
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Undefined Ego (Heart/Will) Center

Theme: Self-worth, value, proving yourself

What to Avoid:

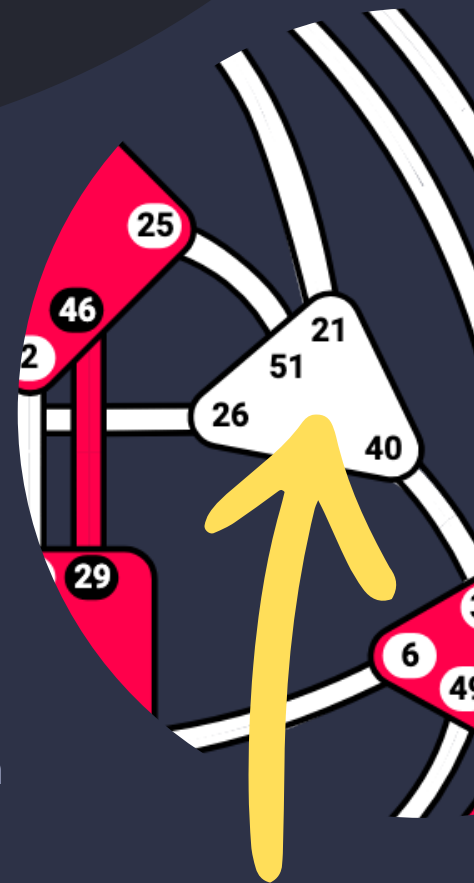
- Undercharging or overdelivering to prove value
- Saying yes to misaligned clients or projects
- Constant comparison and discounting prices

What Works:

- Pricing based on true value, not external validation
- Creating boundaries around client access
- Trusting your wisdom instead of proving yourself

Action:

- Where am I trying to prove myself in my business?
- Do I set prices from my worth or from fear?
- What changes if I fully trust I am inherently valuable?



**Undefined Ego
Center**

Undefined Solar Plexus (Emotional) Center

Theme: Emotions, conflict, boundaries

What to Avoid:

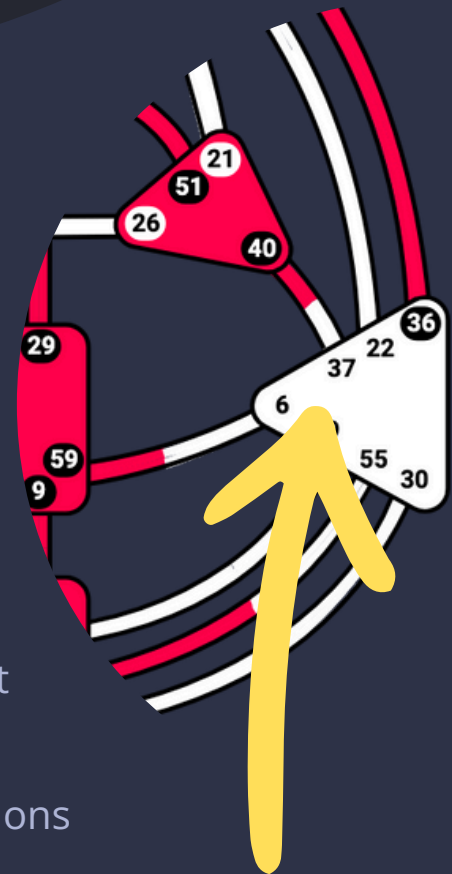
- Avoiding pricing or boundary conversations
- Discounting or saying yes to keep others happy
- Absorbing clients' emotional energy as your own

What Works:

- Clear contracts and pricing communicated upfront
- Practicing small boundary-setting daily
- Regular energetic clearing to release others' emotions

Action:

- Where am I avoiding conflict in my business?
- How do I feel after client or sales calls — energized or drained?
- What boundary would change everything if I set it today?



**Undefined Solar
Plexus Center**

Undefined Ajna (Mind) Center

Theme: Certainty, beliefs, mental pressure

What to Avoid:

- Endless research before taking action
- Delaying offers until you “know enough”
- Forcing certainty to look credible

What Works:

- Sharing insights even as they evolve
- Embracing nuance and multiple perspectives
- Acting from alignment, not forced certainty

Action:

- Where do I delay decisions because I want to be 100% certain?
- What valuable insight could I share now, even if it evolves later?
- How does it feel to say “I don’t know yet”?



Undefined Ajna Center

Undefined G (Identity/Direction) Center

Theme: Identity, direction, niche

What to Avoid:

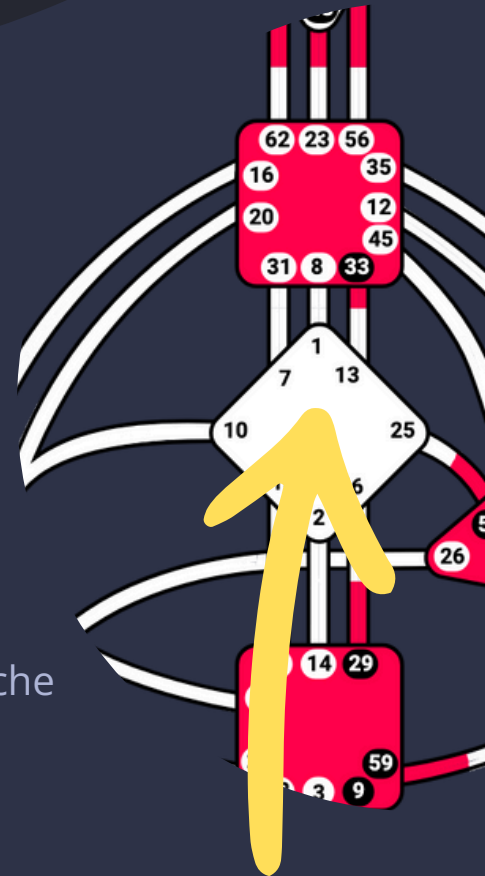
- Forcing yourself into one fixed niche
- Delaying business growth until you “find yourself”
- Starting over with every pivot

What Works:

- Building around a broad movement, not a rigid niche
- Reframing pivots as part of evolution
- Seasonal or flexible offers that allow exploration

Action:

- Do I judge myself for changing direction?
- How can I reframe pivots as part of growth?
- What overarching movement feels true to me right now?



**Undefined G
Center**



✦ Reminder:

These undefined centers are not weaknesses. They are places where you gain wisdom and clarity when you stop operating from conditioning. Use this worksheet to notice patterns, release what doesn't serve, and create a business that feels aligned with your true design.



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Take the Human Design Business Quiz to receive your Energy Guide with business strategies designed specifically for your type

→ DM "QUIZ" on Instagram [@jazzejervis](https://www.instagram.com/jazzejervis) or visit

jazzejervis.com.au/energyguide



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