



Business Mastery Hub

by Bodygraph.com

Design Your Destiny

Worksheet 2 : Your Karma



Worksheet made by Ebonie Allard
<https://www.ebonieallard.com/>

Karma

Your Karma in this context is what you came here to master. It's the key to unlocking and creating your outer desires. It represents an area of knowledge and alchemy that you'll be working on throughout your life.

It's an important and necessary part of your soul assignment. It'll require effort, commitment, and focus to alchemise, but it's what connects you to other people.

If your relationships aren't working well, this is an area to focus on. Doing so unlocks your personal fulfillment, and joy.



**Pull out the information on your
Saturn, Chiron, Mercury, Birth Month
(Karma or Mastery Number in
Numerology) and North to South Node
to uncover the common themes that
define path to Mastery**



Saturn:

Chiron:

Mercury:

Birth month:

January

Those born in January often carried leadership roles in past lives, facing challenges that tested their independence and resilience.

Your soul may have learned the importance of self-reliance and authority.

This life could be about mastering self-control and stepping into roles where you lead with integrity.

February

The focus might be on relationships and emotional healing. Your soul might have had unresolved issues with love or interpersonal connections in a past life.

This life will offer opportunities to heal old wounds and build meaningful, lasting relationships.

March

March-born souls have likely inhabited creative roles in previous lives, expressing themselves through art, performance, or communication. Your past brings a rich tapestry of self-expression and inspiration.

This lifetime is a perfect opportunity to showcase your creativity and inspire others through your artistry and vibrant energy.

April

Those born in April have often worked towards stability and order in past lives. Your soul may have faced challenges related to responsibility and structure, making you a natural builder in this lifetime.

In this lifetime embrace your strong work ethic and foundation-building skills as you create a secure environment for yourself and others.

May

Individuals born in May often have had experiences tied to freedom and change in their past lives.

Your soul may have journeyed through adventures and transformations, fostering a deep yearning for exploration and variety.

This lifetime calls you to embrace your desire for freedom while finding balance in your commitments and relationships.

June

The focus could be on family dynamics and emotional security. Your soul might have left behind issues related to family or home life in a previous incarnation.

Focus on building supportive relationships and creating harmony in your environment.

July

Those born in July often carried the weight of introspection and wisdom in previous lives.

Your soul may have experienced solitude and reflection, leading to a deep understanding of your inner self.

In this life, you are encouraged to explore philosophical questions and spirituality, using your insights to guide others on their journeys.

August

Individuals born in August typically have a history of power and ambition in their past lives.

Your soul may have learned important lessons about authority, success, and responsibility.

This lifetime allows you to harness those experiences, channelling your desire for achievement into building a legacy and positively impacting the world around you.

September

Those born in September often have faced challenges related to service and humanity in previous lives.

Your soul may have experienced sacrifices for the greater good, leading to a deep sense of compassion and empathy.

In this life, you are called to embrace your humanitarian mission, advocating for justice and supporting those in need.

October

Individuals born in October carry a legacy of individuality and balance in past lives.

Your soul may have grappled with the dynamics of duality, teaching you about partnerships and self-identity.

This lifetime invites you to integrate these lessons, finding a harmonious balance between independence and connection, allowing you to thrive both personally and relationally.

November

The focus might be on transformation and letting go.

Your soul might have had difficulties embracing change or releasing old patterns in a past life.

This life is about mastering the art of transformation and embracing new beginnings.

December

Your soul's unfinished business might involve exploration and discovery.

Perhaps in a previous life, you didn't fully explore new horizons or pursue your dreams.

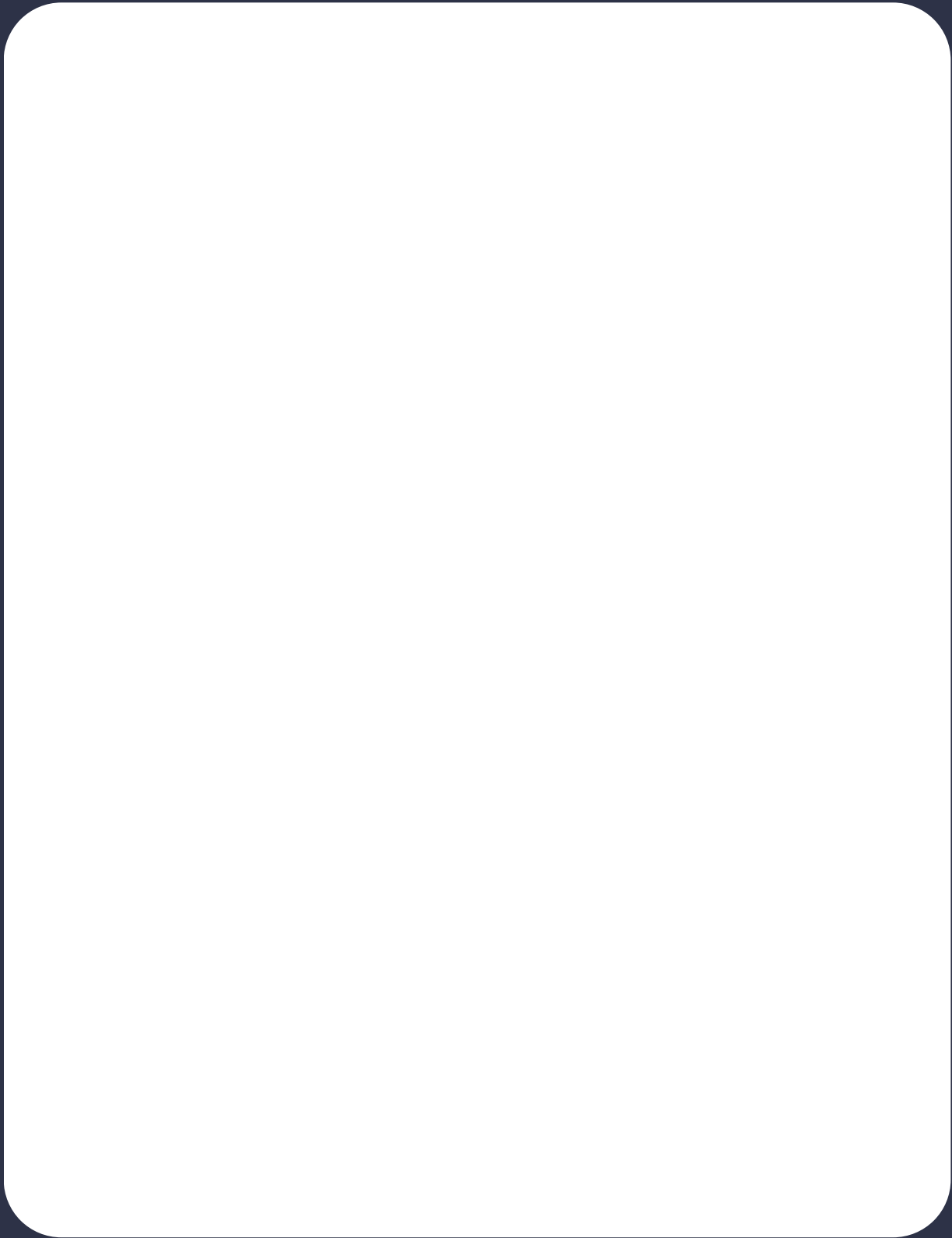
This lifetime offers opportunities to seek out new experiences and expand your horizons.

South to north node journey:

What is the traditional view of karma?

How does Ebonie Allard redefine karma? (Hint: It's not punishment!)

What does Ebonie suggest we are here to "master" through our karma?



Your Soul Contract & Cosmic Codes:

According to the video, when and where is your soul contract or assignment coded?

List the five "cosmic codes" Ebonie suggests you explore in relation to your karma:

The Process of Alchemizing Karma:

How does the video suggest we transmute "density" or "heaviness" into something lighter?

What three things should you give to certain energies or frequencies to shift and change them?

Why is focusing on your karma important for relationships and personal fulfillment?



Reflection & Action:

In your own words, what does "mastery" mean in the context of this video?

What is one area of your life where you feel you could apply the concept of "mastering your karma" by giving it attention, presence, and love?

What is one specific action you will take based on what you learned in this video?



Hey, my name is Ebonie Allard and welcome to Business Mastery Hub by Bodygraph.com








I'm an award-winning master coach and personal growth facilitator. I help love-led leaders design lives and businesses that feel authentic, joyful, and aligned. My work combines Human Design, Gene Keys, Astrology, mBIT, Somatics, and Shadow Work to guide people into their fullest potential and become truly *"full of themselves."*

I'm known for blending storytelling, archetypes, and embodied shadow work to create powerful shifts. My mission is simple: to help people feel good, free, and fully themselves - living with purpose, playfulness, and prosperity. Alongside coaching, I'm also an author, speaker, and facilitator, passionate about raising the standards of self-leadership in a world hungry for real connection and change.





Learn more about Ebonie Allard

-  www.ebonieallard.com/get-chart
-  www.shop.ebonieallard.com
-  www.youtube.com/@EbonieAlchemy
-  www.instagram.com/eboniealchemy
-  www.instagram.com/ebonieallard
-  www.facebook.com/eboniealchemy
-  www.linkedin.com/in/ebonieallard

 ebonie@ebonieallard.co.uk



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