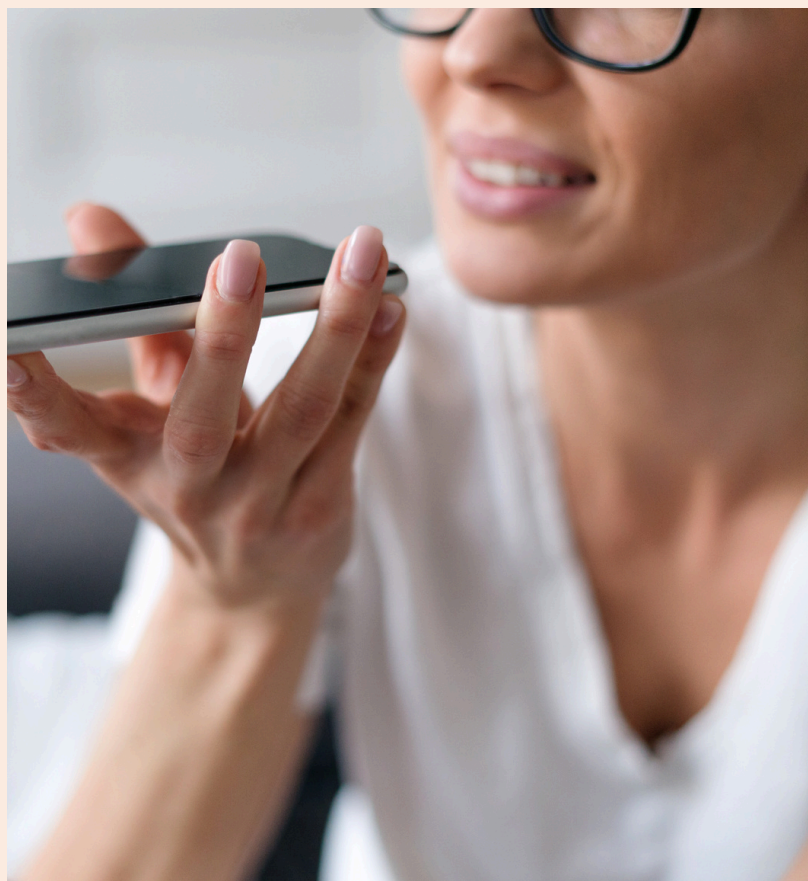




Action Plan Workbook – Using Your Voice & Audio Reports



Made for Bodygraph.com
Business Mastery Hub

Section 1

Understand the Power of Audio



Reflection Questions:

- Are you an auditory learner? How do you personally consume information best?
- Do your ideal clients include auditory learners? How do you currently support them?
- How does your voice help build connection in your business today?

Section 2

Define Your Audio Report Purpose



Planning Prompts:

- What is the goal of your first audio report? (e.g. first paid offer, nurture tool, lead magnet follow-up)
- What topic or problem does it focus on solving?
- What's the next step you want listeners to take after listening?

Section 3

Prepare Your Content

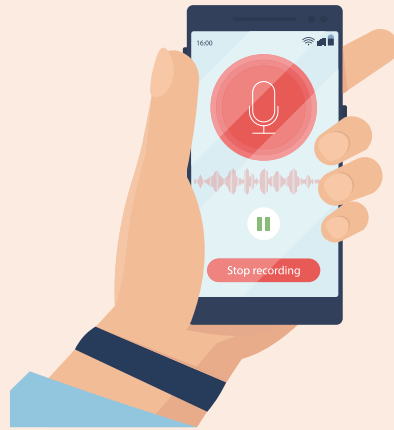


Checklist:

- I've chosen a topic aligned with my main offer
- I've written (or selected) the written version of the report
- I've outlined where I will naturally include next steps
- I've selected a tone that fits my brand (e.g. warm, confident, casual)

Section 4

Record Your Audio



Quick Prep:

- Where will you record? (Quiet room, no distractions)
- What tool will you use? (Descript, Riverside, Voice Memos, etc.)
- Do you have headphones and a decent mic? (Yes/No)
- Have you practiced reading your content out loud?

Section 5

Polish & Publish



Checklist:

- Edited for background noise or distracting sounds
- Saved as MP3 or supported format
- Uploaded to Bodygraph.com Audio Report Tool
- Linked to funnel, chart delivery, or follow-up sequence

Section 6

Promote With Intention

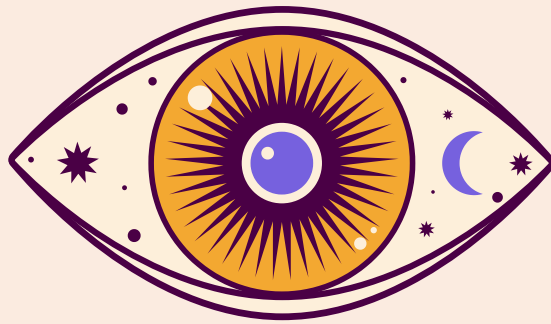


Ideas to Test:

- Add to thank-you page after chart download
- Promote in your email welcome sequence
- Share in your Instagram stories or highlights
- Offer as a low-cost intro product (e.g. \$17-\$27)

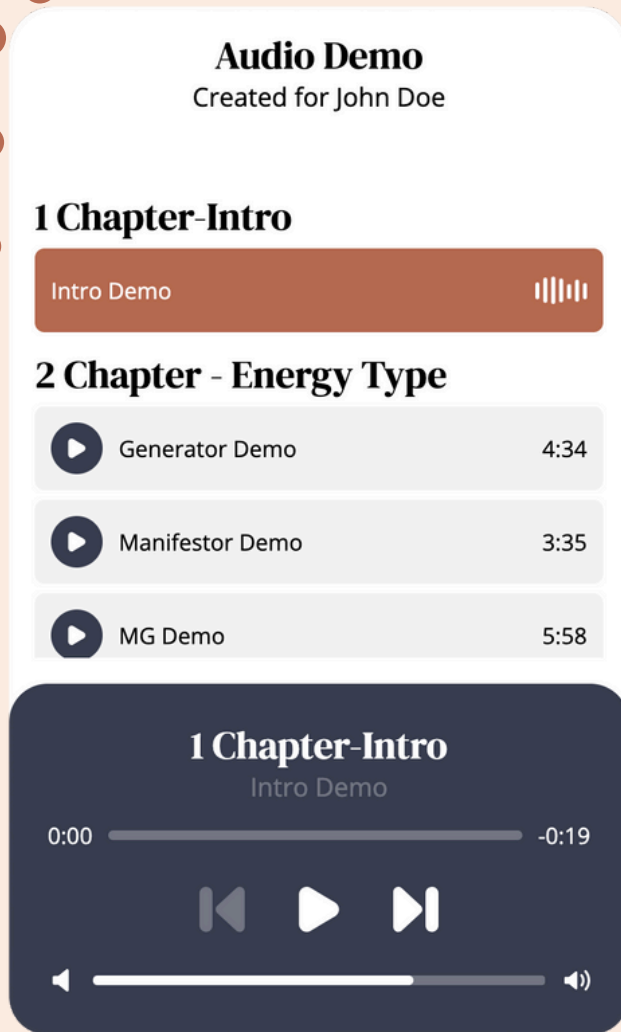
BONUS

Personal Energy Check-In



Human Design Prompts:

- What environment supports your creativity best?
- Is your recording plan aligned with your energy type (Projector, Generator, etc.)?
- How will you celebrate once your first audio report is complete?



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